



# **SOW IN NOVEMBER**

COOL TEMPERATE ZONE

## **DIRECT SOW OUTDOORS VEGETABLES**

BEANS  
CARROTS  
LETTUCE  
ONIONS  
TOMATO

BOK CHOY  
CUCUMBER  
LEEKS  
PUMPKINS  
ZUCCHINI

## **HERBS**

CORIANDER  
FENNEL  
BASIL

DILL  
PARSLEY

## **FLOWERS**

CALIFORNIA POPPY  
SCABIOSA  
COSMOS  
TITHONIA

NIGELLA  
STRAWFLOWER  
MARIGOLDS  
ZINNIA

## **SOW INDOORS FOR TRANSPLANTING**

**VEGETABLES**  
CELERIAC  
EGGPLANT

**FLOWERS**  
CELOSIA  
PHLOX  
CENTAUREA

**HERBS**  
SUMMER SAVORY

[www.transitionfarm.com](http://www.transitionfarm.com)